

Martin County

- Background of the County
 - Small county on east coast, north of Palm Beach County
 - Retirement and agricultural economy
 - One small city on the coast, Stuart, artsy Jensen Beach, and bedroom communities
 - Higher than average income, partly due to Jupiter Island
 - Has a reputation for resistance to growth
 - Has a reputation for ornery, often petty politics

Prior History of Fluoridation in Martin County

Attempts made in 1960's Failed when antis called it a toxin Feeling they lacked public support, doctors withdrew Attempt made 5 years ago County commission appointed a study group Composed of doctors and community leaders Subject thoroughly researched, unanimously recommended Commission approved acceptance of state grant for equipment and materials

Recent History of Fluoridation in Martin County

- County water manager, on record against fluoridation
- Implementation dragged out for 4 years
 - When finally it could be delayed no longer, the local antis organized and began to harangue the commissioners at every single meeting
 - The new commissioners got scared and reconvened the study group
 - The study group again unanimously recommended fluoridation, despite fear mongering by antis
 - But, before the report, three of five commissioners said they had already done their own research on Google and went on record opposing fluoridation

Why we lost Martin County

- Doctors get involved late in the game
- Engage in refuting false science claims at commission meetings
 - Antis rapidly switch claims as each is refuted
 - Outrageous claims take 1 minute, explanations take 10 times longer and sound defensive
 - Antis deliberately misquote research, carry around reams of material from Google, make themselves look like scientists, claiming "2500 hours of research"

Why we lost Martin County

- We met with each of the three opposing commissioners, but their minds were closed.
- The commissioners said they trusted their Google research more than their own study group and doctors
- One commissioner reportedly made a closed door political deal
- We were caught flat footed, without a leader
- We only had 6 weeks to prepare
- We sounded defensive
- We debated the science

Why we lost Martin County

Basically, the antis got to the commissioners first
We got frustrated and let it show
Fear, once planted, is very hard to uproot.
The classic antifluoridationist tactic

What we did right in Martin County

We began to form coalitions
We got the press on our side

We met with the local paper's editorial board

We learned that if we got to people before the antis, we could inoculate them with the truth

City of Stuart

Stuart had agreed to add fluoride at the same time as Martin County 5 years ago They obtained the same state grant They had to wait for Martin to implement Fresh from victory with Martin Commissioners, antis set the Stuart Council in their sights at their next Council meeting

City of Stuart

This time, I called all of the council members personally, before the antis did The antis ran their classic circus at the meeting The council was visibly intimidated The council punted---they decided to put it on the ballot; wording and date TBD • We had won a reprieve

City of Stuart

I met with a local politician to ask what we needed to do to win

- His golden advice:
 - Treat this as a *political* struggle, NOT a scientific debate
 - He strongly recommended a Public Relations advisor
 - Never give up, work with political allies and forget directly countering the antis
- Boy, was he **Right**

How we won Stuart

We found allies at the City

- We suggested they model the new ordinance wording after that used in other communities
 - Our goal was to avoid pejorative ballot wording
 - Antis wanted words like "toxin" and "fluorosilicic acid" and confusing phrasing
 - We wanted a simple yes or no
- at the next meeting, the Council quickly adopted the simple wording and set the ballot date for a year later (National Primary)
- The antis went verbally ballistic because they had been outmaneuvered
 - These outbursts infuriated the council and later worked to our advantage
 - It was a joy to watch

Stuart Ballot

Fluoridation of Water:

The City's potable water system shall be fluoridated in an amount not greater than recommended by the Florida Department of Environmental Protection, as adopted from time to time.

■ YES (for Fluoride) NO (against Fluoride)

Obtained services of BBJones Public Relations

- We set a time line for the political campaign
 - Very detailed for every month, week, and in the last month, every day
- Assignments were made to each person
 - Speaking engagements
 - Printing
 - Budgeting
 - Volunteer coordination

BBJones Public Relations

- Agreed to regular meetings
- Committed ourselves to winning
- Developed theme
 - Safe (backed by over 60 years of science and experience)
 - Effective (and Cost Effective)
 - Helps everyone (regardless of background)
- Developed Logo
- Developed brochure



Water Fluoridation: The Smart Choice

Supported by people who know.

Fluoridation of the public water supply is supported by all of the major organizations and institutions that we depend on to protect us and enhance our health, including:

Center for Disease Control

Florida Department of Health

Surgeon General of the United States

American Dental Association

American Medical Association

American Water Works Association

Environmental Protection Agency

American Academy of Pediatric Dentistry

National Cancer Institute American Heart Association National Institutes of Health



Want to know more? Check out these Web sites:

www.ada.org/public/topics/fluoride www.cdc.gov/fluoridation/fact_sheets www.doh.state.fl.us/Family/dental/ fluoridation

www.nidcr.nih.gov/HealthInformation/ DiseasesandConditions/fluoride

www.oralhealthamerica.org

Vote Fluoride! Healthy Smiles Project 3380 NE Sugarhill Avenue Jensen Beach, FL 34957

with

Pride

City of Stuart Election - January 29th -Vote YES for Water Fluoridation



Make your choice the smart choice!

Paid political advertisement. Sponsored and paid for by Healthy Smiles Project 3380 NE Sugarhill Avenue, Jensen Beach, Florida 34957 www.healthysmilesproject.org - fluoride@beilsouth.net

Healthy Smiles Project

Water Fluoridation: The Smart Choice

Good for everyone's oral health, from children through grandparents.

Eat right and brush your teeth. These are key to good oral health. Fluoridated water is a great addition to your good oral health habits. It helps teeth to resist decay at every stage of life.

A 60 Year Safety Record.



Fluoride occurs naturally in water, but often there isn't enough occurring naturally in the water to make a difference to your good oral health.

Communities throughout the country have been fluoridating their public water supply over the past 60 years. When the amount is properly controlled by the local water authorities, there are no proven health problems.

Easy and Inexpensive.



It costs much less to take care of your teeth than to have expensive dental treatments. For less than a dollar a year for water fluoridation, you can protect the oral health of your entire household. It helps everyone equally regardless of family income.

Vote YES for our children's health. Vote YES for Water Fluoridation on January 29 in the City of Stuart Election.



Paid political advertisement. Sponsored and paid for by Healthy Smiles Project

How we won Stuart

If you have a ballot initiative...

- Set up a "Ballot Initiative Political Committee"
- BE SURE to file with the state and city clerk
- The law requires it if you budget more than \$500
- The antis rarely make this filing
 - The newspapers check how much campaigns spend
 - And this time it will result in a fine

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Strategy

- Keep theme POSITIVE
- Repeat the three theme points in everything we do
- The YES votes are there, we just need to get them to push the voting button

Tactics

- Key in on the majority of voters who already support us
- NEVER engage in debate
- When approached by an anti, state you respect their passion, but that the science is just not on their side
- Stay positive, smile, and keep a sense of humor

Tactics

- If an anti goes beserk, let him---allow him to display his attitude to the public
 - Do NOT call them names
 - Provoking?
 - When they attack you personally and by name, DO NOT return the favor---NEVER mention their names
 - This does 2 things: avoids slander (they look for that, and you can turn the tables if you want) and it gains you sympathy in the media
 - You can invite them to help in your volunteer clinics
 - They will never show up, and you can refer to that later

Tasks

Get the ADA's Fluoride Facts book

Contact Jane McGinley at 1 (800) 621-8099 x2862

Building a coalition

- Get the local medical society involved---tough, but do it
- Talk to the school nurses
- Talk to the Chambers of Commerce
- Talk to the hospital
- Get ALL of the dentists involved
- Get the hygiene society involved
- Get local colleges involved, especially student RDHs, CDAs
- Ask all to write letters to the editor

Tasks

- Speaking engagements
 - Very effective; Power Point; carefully pick your speakers

Letters to the editor

- Get docs and leaders to write
- But realize that the antis will write prolifically and will use the paper's online comment section to flame everything published.

DO NOT debate online

- However, you can anonymously and sparingly use humor to skewer their seriousness. It drives them nuts
- Weigh the timing. When do you want to stir things up?
 - Orchestrate the timing to minimize their fear-mongering effects

Tasks

- Meet with editorial boards
 - This is critical
 - Keep your presentation simple and positive and be prepared to answer ANY questions
- Prepare and PRACTICE for reporter interviews
 - Remember that whatever they say to you, they will likely give the other side equal weight and may even go against you Just ALWAYS tell the truth, do not say ANYTHING about the antis, and stay POSITIVE, smile, and focus on the three main points
 - NEVER EVER be condescending
 - Reporters can smell that and LOVE trash talk battles (remember Don Henley's "We Love Dirty Laundry" ?!)
 - The antis are perceived by many as ordinary citizens, and they play on that
 - They will portray you as a wealthy doctor trying to control ordinary citizens' lives

Tasks

- Web site
 - ours: <u>www.HealthySmilesProject.org</u>
 - Keep it simple, accurate, and LOCKED
 - Reserve both .org and .com domains
 - Steer everyone to it, refer to it on everything
 - Have links to CDC, ADA and other trusted sites (see our site)
- Buttons
 - Get all docs and staff to wear every day for at least 3 months
- T-shirts
 - Can be effective. Worn during public campaigning and as give aways
- Road signs
 - Work well in small towns
 - Put up 10 days in advance

Tasks

■ Ads in paper and radio ■ Most expensive part ■ Be sure you get professional advice Polling site campaign ■ CRITICAL. We almost lost it here • "point of sale" decisions Meet with your group on a timely basis to assess effectiveness

Tasks

- Neighborhood walks
 - Our FDA political advisors STRONGLY recommended
 - It surely won us the election
 - We targeted the neighborhoods with the highest voting frequency
 - Volunteer pairs walked the neighborhoods a Saturday morning two weeks prior to the election with the brochures and politely asked for a YES vote
 - Enormous positive response



Getting ready to walk the neighborhoods

Healthy Smiles Project



Fluoride Conspirators Walking the Neighborhoods

Healthy Smiles Project



Walking on Martin Luther King Day

Tasks

 Engage the DOH
 Mike Easley, Sean Isaac, and Harry Davis are your best friends 850-245-4444

Michael Easley@doh.state.fl.us

Sean Isaac@doh.state.fl.us

Harry Davis@doh.state.fl.us

Remember, however, that all emails to a state address are public records, and the antis frequently ask for them to look for "smoking guns" or to at least tie up valuable time by these experts chasing documents

Engage the Florida Dental Association
 Mary Lyons can direct you to FDA resources

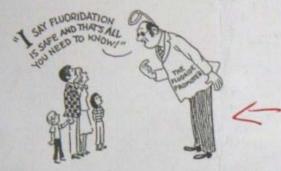
 (800) 877-9922 ext 180
 (850) 561-0504 FAX
 mlyons@floridadental.org

Engage the American Dental Association
 Jane McGinley keeps track of ALL fluoride activity
 1 (800) 621-8099 x2862

Adversity

- Recognize that there will be setbacks
- Do not get discouraged
- Be the leader and be determined and optimistic
- Stay on the offense, never defense
- You will have more friends than you can imagine, but they may only quietly help you
- Most of all, have fun---after all, even if the issue fails, only the community will lose, not you

City of Stuart Fluoridation Referendum January 29th



DON'T BE FOOLED!

VOTE SMART * VOTE NO ON FLUORIDATION!

PRSRT STD U.S. POSTAGE PAID FT. MYERS, FL PERMIT NO, 704

Hi David, wanted to share this with your Naucy Helona Torres de 1.1 The Ramos Household 801 Sc Riverside Dr Stuart, FL 34994-2435

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"Fluoridation violates all modern pharmacological principles... it is obsolete." Dr. Arvid Carlsson, Nobel Laurente for Medicine 2000



PROTECT YOUR HEALTH * YOUR WATER * YOUR FREEDOM OF CHOICE

MARTIN COUNTY UTILITIES DIRECTOR JOHN POLLEY ADVISED AGAINST FLUORIDATION FOR MARTIN COUNTY RESULTING IN REJECTION OF FLUORIDATION BY MARTIN COUNTY COMMISSION IN 2006. (www.FluorideAction.net/Polley.pdf)

Typical anti propaganda, illegally mailed

Flip Side of the anti Mailer

Vote Smart * Vote NO on Fluoridation on January 29th!

FLUORIDATION: AN UNREASONABLE RISK

•American Dental Association now advises: NO FLUORIDATED WATER IN BABY FORMULA during the first year of life.

*US CDC data show <u>32% OF (MERICAN CHILDREN HAVE</u> <u>DENTAL FLUOROSIS</u> (permanantly discolored teeth) caused by excess fluoride intake from multiple sources (water, toothpaste, foods/beverages, etc.)

*Major dental studies show <u>LITTLE DIFFERENCE IN TOOTH</u> <u>DECAY RATES</u> between fluoridated and non-fluoridated areas. Most medically advanced countries have rejected fluoridation.

*Published Harvard study links fluoridation with INCREASED BONE CANCER RATES in young boys.

*Landmark 2006 National Research Council (NRC) report documents <u>ADVERSE HEALTH</u> <u>EFFECTS OCCURRING NEAR,</u> <u>AT, AND EVEN BELOW CONCELTRATION LEVELS USED FOR</u> <u>FLUORIDATION</u> including impaired thyroid function, joint inflammation (arthritis), hip fractures, pre-diabetes, and lowered IQ in children.

*NRC report also shows fluoride amount in one quart of fluoridated water, ingested daily, <u>CAN IMPAIR THYROID</u> <u>FUNCTION</u> in those with borderline iodine deficiency (12 million in US population).

*Toxic industrial-grade chemicals used for fluoridation have <u>NEVER BEEN TESTED OR APPROVED AS SAFE</u> for human consumption by any governmental agency.

*Professionals' petition to end fluoridation SIGNED BY OVER 1200 SCIENTISTS, PHYSICIANS, DENTISTS AND ENVIRON-MENTALISTS, including the 2000 Nobel Laureate for Medicine.

*Eleven US EPA Professional Unions call on Congress in 2005 for MORATORIUM ON FLUORIDATION STATING, "FLUORIDE POSES A SERIOUS RISK OF CAUSING CANCER IN PEOPLE."

*Studies show that fluoridation is linked to <u>ELEVATED</u> LEVELS OF LEAD IN CHILDREN'S BLOOD.

> Full Documentation at Fluoride Action Network: www.FluorideAction.net.

Paid Political Advertisement, paid for and approved by Florida Citizens for Safe Drinking Water, Inc., independent of any political candidate

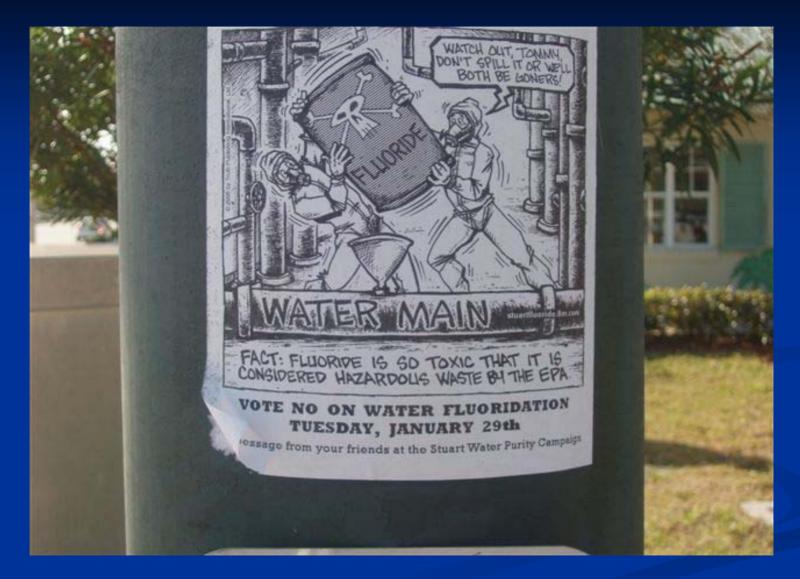


Anti propaganda stickers illegally placed on city poles

Healthy Smiles Project



These illegally placed hard to remove stickers made the City very angry



Sometimes you just have to let the antis be their own worst enemies

Healthy Smiles Project



True Irony. Antifluoride propaganda in a local confectionary.

After calm one to one discussions, the proprietor was annoyed he had been mislead.

How We Won Stuart

Soooo, was it worth it??





A daily ritual after threats were made!

Healthy Smiles Project

The Healthy Smiles Project Steering Committee

David F. Boden, D.D.S., M.S. Periodontist Stuart and St. Lucie West Radamee Orlandi, D.D.S. General Practice, Jensen Beach ■ Inge Ford, D.M.D. Dental Director, Martin County Public Health Department