UNIVERSITY OF FLORIDA

COLLEGE OF PUBLIC HEALTH AND HEALTH PROFESSIONS

**HSA 6114 – INTRODUCTION TO THE U.S. HEALTH SYSTEM**

**COURSE SYLLABUS**

INSTRUCTOR: Allyson Hall, PhD

Room: HPNP 4137

Email: hallag@phhp.ufl.edu

CO-INSTRUCTORS: Danny Estrada (Daniel.j.estrada@gmail.com)

Damian Everhart (gatoreng@ufl.edu)

CLASS MEETINGS: Mondays: Periods 7 - 9

1:55 - 4:55 Room G101

OFFICE HOURS: Mondays 12:00-1:45 pm (Dr. Hall)

**COURSE DESCRIPTION**

This course is designed to familiarize students with some of the basic concepts and ideas concerning the organization of the public health and medical care systems

**COURSE OBJECTIVES**

At the conclusion of the course students are expected to be able to describe:

* The core functions of public health
* The historical roots of public health
* The organization of public health in the United States, including infrastructure, financing, program planning, and evaluation
* The dynamics of the health care system and the interaction of providers (hospitals, physicians, etc), patients, and sources of health care financing (Medicaid, private health insurance etc)
* The historical development of the health care system
* The determinants of health and how these determinates are related to the distribution of disease in populations (demand for health care)
* The financing and delivery of health care services
* The role of government in the delivery of health care services
* How the US health care system compares to systems in other developed nations
* Current health policy and management issues, and options related to the delivery, financing, quality, and access of health care services

**COURSE READINGS AND MATERIALS**

One textbook is required: Sultz HA, Young KM (2010) *Health Care USA. Understanding its Organization and Delivery* 7th edition Jones and Bartlett Learning, Sudbary MA

Readings will also be assigned from:

Novick LF, Morrow CB, and Mays GP (2008) Public *Health Administration. Principles for Population-Based Management* 2nd edition Jones and Bartlett Learning, Sudbary, MA. This book is on reserve at the HSC Library

Conrad P(2005) *The Sociology of Health and Illness* 7th edition Worth Publishers, New York, NY.

In addition, several journal articles are included on the reading list. Journal articles can be downloaded from PubMed. More than likely all journal articles will be on the course website

You should also sign up for the Kaiser Family Foundation’s *Daily Online Reports*. The reports serve as a tremendous source of information on health care related news stories and links to original articles. You can sign up on: <http://www.kaisernetwork.org/daily_reports/rep_index.cfm>

From time to time additional readings may be assigned or suggested

\*\*\*\*\*\*\*\*\*\*\*

PowerPoint presentations will be available on the course website either immediately before or immediately after the lecture. **POWERPOINT PRESENTATIONS WILL NOT ALWAYS BE AVAILABLE PRIOR TO CLASS**. These presentations are provided as a courtesy to students. Students should not assume that all material presented in class will be included in the PowerPoint slides. Therefore, students should be prepared to read assigned materials and to take notes in class.

I expect you to attend and be prepared to participate in all class sessions. Personal issues with respect to class attendance or fulfillment of course requirements will be handled on an individual basis. Only under the most extenuating circumstances will changes to class requirements be made.

**GRADE DISTRIBUTION**

UF is now implementing minus grades. I will use the following distribution as a guide to assigning letter grades. However, I reserve the right to change this distribution as I see fit.

A 95-100

A- 90-94.9

B+ 85-89.9

B 82-84.9

B- 80-81.9

C+ 75-79.9

C 72-74.9

C- 70-71.9

D 65-69.9

**Use of cell phones, pagers or laptop computers (except for class assignments) are not permitted in class!**

Students with Disabilities: Students requesting classroom accommodation must first register with the Dean of Students Office, which will provide documentation to the student. The student should then provide this documentation to me.

**STATEMENT OF UNIVERSITY’S HONESTY POLICY (CHEATING AND USE OF COPYRIGHTED MATERIALS)**

Students are expected to act in accordance with the University of Florida policy on academic integrity (see Graduate Student Handbook for details). Cheating or plagiarism in any form is unacceptable and inexcusable behavior.

**We, the members of the University of Florida community,**

**pledge to hold ourselves and our peers to the**

**highest standards of honesty and integrity.**

\*\*\*Instructions to access articles from Sakai

Go to the ***Sakai System*** entry button on the e-learning website . Log on with your GatorLink ID.

**Class Assignments and Requirements**

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | Points | Due Dates |
| Case Study 1 | The Obesity Epidemic | 10 | Group Discussion: Aug 30  Individual write-up due: Sept 13th |
| Case Study 2 | Making Budget Cuts in a Health Department | 10 | Group Discussion: September 20  Individual write-up due: Oct 4th |
| Case Study 3 | The Oregon Health Plan | 10 | Group Discussion: Oct 12  Individual write-up due: Oct 25th |
| Case Study 4 | Comparing two studies on Foreign Medical Graduates | 15 | Group Discussion: Nov 15th  Individual write-up due: Nov 29th |
| Article Critique 1 | Select, read, and provide a 2 page review of one article drawn from the peer-review literature or popular press that pertain to the lecture you have signed up for. | 10 | Due date based on lecture selection |
| Article Critique 2 | Select, read, and provide a 2 page review of one article drawn from the peer-review literature or popular press that pertain to the lecture you have signed up for. | 10 | Due date based on lecture selection |
| Midterm Exam | Material covered from 8/23-10/12  Multiple Choice | 15 | Oct 19th |
| Final Exam | Material covered from 10/25-11/29  Multiple choice | 15 | Dec 6th |
| Class participation | Students are required to read assigned chapters/articles prior to coming to class and participate in class discussion. **I take this component very seriously. If your grade is on a cutoff point, this 5% can make the difference in the assignment of a final grade.** | 5 |  |

**All assignments should be submitted online through the Sakai system. Students may wish to consider running their assignments through Turnitin in order to detect possible plagiarism prior to submission.**

**Assignments are available online and copies will also be provided in class**

**Sources for Additional Information and Review Articles**

**Foundations and Think Tanks**

The Kaiser Family Foundation [www.kff.org](http://www.kff.org)

Commonwealth Fund [www.cmwf.org](http://www.cmwf.org)

The Robert Wood Johnson Foundation [www.rwjf.org](http://www.rwjf.org)

The Urban Institute [www.urban.org](http://www.urban.org)

The Heritage Foundation <http://www.heritage.org>

(click on the health link)

Families USA [www.familiesusa.org](http://www.familiesusa.org)

Center for Studying Health System Change <http://www.hschange.org>

AcademyHealth <http://www.academyhealth.org>

Public Health Foundation [www.phf.org](http://www.phf.org)

Public Health Research Institute [www.phri.org](http://www.phri.org)

**Peer-Reviewed Journals**

Health Affairs

These journals occasionally run articles about health care delivery and policy

JAMA

NEJM

American Journal of Public Health

PubMed is the primary search engine for peer-reviewed health related literature. The link can be found on the Health Science’s Library’s home page under databases.

Healthcare Management Review

Medical Care

Medical Care Research and Review

Journal of Health and Social Behavior

Health Services Research

**Newspapers and Trade Magazines**

New York Times (The Gainesville Sun is owned by the New York Times. Occasionally you can find NYT articles in the Sun)

Wall Street Journal

Washington Post

Healthcare Executive

Hospitals and Health Networks

**August 23 Course Overview and the Health of Individuals and Populations**

* Discussion of course readings and requirements
* Definitions of health and illness
* Measuring health
* Social determinants of health and disease
* Individual health behavior
* Cultural values and ethical issues in health care delivery, and public health

Kaiser Permanente, Institute for Health Policy.  *Issue Brief: Racial and Ethnic Health Disparities*

Relman AS. *The Trouble with Rationing* In Conrad P editor The Sociology of Health and Illness, 7th edition In Conrad P editor The Sociology of Health and Illness, 7th edition page 462-464.

Fuchs V  *A Tale of Two States* . In Conrad P editor *The Sociology of Health and Illness,* 7th edition page 55-57.

Rodwin VG and Croce-Galis MJ *Population Health in Utah and Nevada: An Update of Victor Fuchs’ Tale of Two States*  page 57-62. In Conrad P editor *The Sociology of Health and Illness,* 7th edition

**August 30 Introduction to Public Health**

* Theoretical underpinnings of public health
* Core public health areas
* Public health achievements
* Health Promotion and prevention
* **Case Study 1: The obesity epidemic (write-up due September 13th)**
  + Supporting materials on SAKAI

Novick , Marrow and Mays – Chapters 1 and 2

Sultz and Young – Chapter 10

Gostin LO, Boufford JI, Martinez RM  (2004) “The Future of Public’s Health: Vision, Values, and Strategies.  *Health Affairs* t 2004 vol 23 (4):96-107.

Brandt AM, Gardner (2000) Antagonism and accommodation: Interpreting the relationship between public health and medicine in the United States during the 20th Century*.  American Journal of Public Health,* 90(5):707-715.

Mullan, F. (2000) Don Quixote, Machiavelli, and Robin Hood: Public Health practice, past and present.  *American Journal of Public Health*, 90(5):702-706.

**September 6 No Class/Labor Day**

**September 13 Public Health Infrastructure: Financing and Organization**

**Guest Presenter – Michael Morris**

* Organization of public health services
* Financing public health services
* Quality Improvements in Public Health (accreditation)

Novick et al. – Chapters 3, 7, 17

Lenawa D, Corso L, Bailey S (2007) Accreditation as an Opportunity to Strengthen Public Health: CDC‘s Perspective *Journal of Public Health Management and Practice* 13(4):332-333.

Bender K, Benjamin G, Carden J et al. (2007) Final Recommendations for a Voluntary National Accreditation Program  *Journal of Public Health Management and Practice* 13(4):342-248.

Bender K and Halverson PK (2010) Quality Improvement and Accreditation: What Might it Look Like *Journal of Public Health Management and Practice*  16(1):79-82

**September 20 The Policy Process and Legislative Relationships in Health and Health Care**

* Financing public health services cont’d
* The policy making process
* Government as provider, purchaser, and payer
* Regulatory activities
* **Case Study 2: Making Cuts to a Local Health Department (write-up due Oct 4th)**

Novick et al. – Chapter 6

**September 27 Historical Context of the US Health System**

* History, trends and characteristics—what are the social ,medical, and technological factors that have led to the health care system as we know it today?
* Health care costs and spending

Case Study 2: Making cuts in a health department budget

Sultz and Young – Chapter 1 (pg-12-31) Chapter 2

Relman AS The Health Care Industry: Where is it Taking US?. In Conrad P editor *The Sociology of Health and Illness,* 7th edition pages268-275

Kaiser Family Foundation *Health Care Costs. A Primer. Key Information on Health Care Costs and Their Impact.*  March 2009

White C (2007) Health Care Spending Growth: How Different is the United States from the Rest of the OECD? *Health Affairs*:154-161.

**October 4 Concepts in Access and Health Insurance**

* Economic and non-economic barriers to care
* Relationship between access and health status and health outcomes
* History and trends in health insurance
* Why does the US not have national health care – even after PAPCA
* Recent Reform Legislation

Rothman DJ *A Century of Failure: Health Care Reform in America* In Conrad P editor *The Sociology of Health and Illness,* 7th edition   pages 292-300

Andersen R. Revisiting the Behavioral Model and Access to Medical Care: Does it Matter? *Journal of Health and Social Behavior.* 1995;36 (1):1–10.

Kaiser Family Foundation, *Uninsured and Untreated: A Look at Uninsured Adults Who Received No Medical Care for Two Years*, July 2010

**October 12 Structure of Health Insurance in the United States & Comparative International Examples**

**Danny Estrada (Guest Lecturer)**

* Types of Insurance: Medicaid, Medicare, employer-based, small group market
* History of managed care
* Organizational Structures in Managed Care
* Reimbursement mechanisms under managed care
* Consumerism and choice
* Health care reform – the Patient Protection and Affordable Care Act
* A look at health care delivery in other countries
* **Case Study 3: The Oregon Health Plan (write-up due October 25th)**

Sultz and Young – Chapter 7

Kaiser Family Foundation – Summary of the New Health Reform Law available at: <http://www.kff.org/healthreform/8061.cfm>

Robinson JC Managed Consumerism in Health Care *Health Affairs* November/December 2005, 24(6):1478-1489.

Sanmartin C, Berthelot JM, Ng E et al Comparing Health and Health Care Use in Canada and the United States *Health Affairs*, 23(4):1133-1141.

Blendon RJ, Schoen C et al. Common Concerns Amid Diverse Systems: Health Care Experiences in Five Countries. *Health Affairs,* May/June 2003, 22(3):106-121.

**October 19 Midterm**

**October 25 Primary, Integrated, and Ambulatory Care**

* Comparisons between solo and group practices
* Ambulatory care, safety net, and community health centers
* Definition of primary care
* Primary vs. Specialty care
* Managing chronic care
* Medical homes and patient-centered care
* Patient and provider roles

Sultz and Young – Chapter 4

Vest JR, Bolin JN et al (2010) Medical Homes: Where you Stand on Definitions Depends on Where You Sit *Medical Care Research and Review* 67(4) 393-411

Bodenheimer T, Wagner EH, Grumback K (2002) Improving Primary Care for Patients with Chronic Illness 288:1775-1779

**October 25 Hospitals and acute care settings**

* History of hospital care in the US
* Types of Hospitals; organization of hospitals
* Trends in hospital care delivery

Sultz and Young – Chapter 3

**November 1 Mental health/ long-term care, pharmaceutical**

**industry, medical technology**

**Sam Peasah (Guest Presenter)**

* Changing health care needs and their impact on the health care system
* Discussion of the growing need for long-term care and its alternative modes of delivery.
* Trends in mental health
* Growth of the pharmaceutical industry
* Pharmaceutical Industry regulation
* Key challenges in the pharmaceutical industry

Sultz and Young – Chapters 8 and 9

Schweitzer SO, Comanor WS Chapter 7 - Controlling Pharmaceutical Prices and Expenditures in Andersen RM, Rice TH, and Kominski GF *Changing the US Health care System* John Wiley and Sons/Jossey Bass: San Francisco.

**November 8 APHA – No Class**

**November 15 Health care workforce: physicians, nurses, other allied and public health workers Damian Everhart (Guest Presenter)**

* Challenges facing these professions and the allied workforce
* Demographic and geographic trends in the health workforce
* **Case Study 4: Comparing two studies on Foreign Medical Graduates (write-up due Nov 29th)**

Sultz and Young – Chapters 5 and 6

Novick et al. – Chapter 8

Donelan K, Buerhaus PI, DesRoches C, Burke SP (2010) Health Policy Thoughtleaders’ views on Health Workforce in an Era of Health Reform *Nursing Outlook* 54:175-180.

Cooper RA, Getzen TE, McKee HJ, Laud P “Economic and Demographic Trends Signal and Impending Physician Shortage *Health Affairs* January/February 2002 21(1):141-154.

Mertz E and O’Neil E “The Growing Challenge of Providing Oral Health Care Services to All Americans” *Health Affairs* September/October 2002 21(5): 65-77

LDI Issue Brief *Medical Migration to the U.S.: Trends and Impact*, April/May 2007.

**November 22 Quality of Care and Quality Improvement in Health Care**

* Definitions of health care quality
* Institute of Medicine reports on health care quality
* Quality improvement

Rosenthal M, Frank R. What is the Empirical Basis for Paying for Quality in Health Care? *Medical Care Research and Review*. 2006; 63:135-157.

Institute of Medicine (2001) *Crossing the Quality Chasm Report Brief,* Washington D.C. National Academy Press.

**November 22, cont’d Research and Evaluation in Health and Health Care**

* Types of Research
* Role of Research

Sultz and Young – Chapter 8

**November 29 Cultural Competency**

* Definition of cultural competency
* Need for culturally competent care
* Examples of best practices and programs in the public and private sectors
* Movie: Worlds-Apart: Thinking about Cross-Cultural Health Care

Betancourt, Green, Carrillo, Park, “Cultural Competence and Health Care Disparities: Key Perspectives and Trends” *Health Affairs* March/April 2005

A Good Book for Winter Break: Fadiman, A. *The Spirit Catches You and You Fall Down. A Hmong Child, Her American Doctors, and The Collision of Two Cultures* Farrar, Straus and Giroux, New York NY

**The Future of Health and Health Care in the United States**

Sultz and Young, Chapter 12

Berwick D Escape Fire: Lessons for the Future of Health Care, *The Commonwealth Fund* , New York, NY

**December 6 Final Exam**

**HAPPY HOLIDAYS!!**