

Oral Health and the Elderly

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Objectives

- ▶ Recognize the connection between oral and systemic health.
- ▶ Describe common oral health issues in older adults.
- ▶ Identify how to prevent and manage common oral health conditions in older adults.



Importance of Oral Health

- ▶ Eating and Nutrition
- ▶ Speech
- ▶ Self-esteem
- ▶ Social interactions



Oral-Systemic Connection



Dental Plaque



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University of Kentucky College of Dentistry. (2016). Nursing home oral health: oral health training program. Retrieved March 1, 2016 from <https://dentistry.uky.edu/nursing-home-oral-health>

Plaque and Tooth Decay



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Plaque and Periodontal Disease

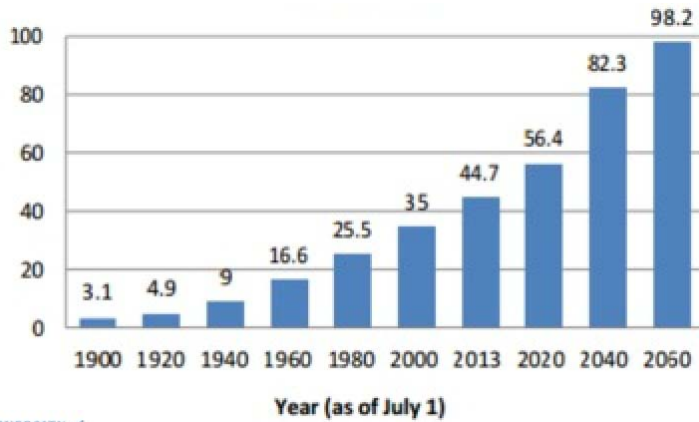


Poor Oral Health and Risk for Pneumonia



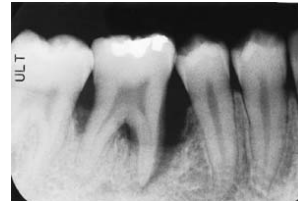
Aging Demographics in the United States

- ▶ Number of Adults Age 65+ (in millions)



Oral Health Problems Facing Older Adults

- ▶ Gingival recession
- ▶ Root caries
- ▶ Periodontal disease
- ▶ Xerostomia



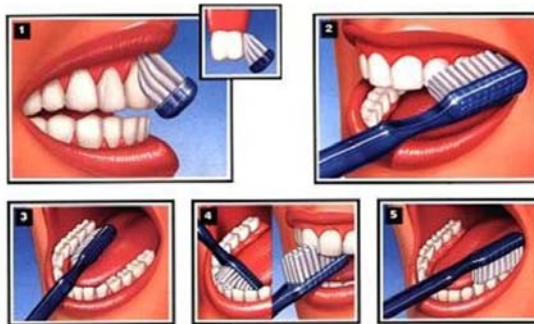
Oral Health Problems Facing Older Adults

- ▶ Tooth loss
- ▶ Denture problems
- ▶ Fungal infections
- ▶ Oral cancer



Oral Health Promotion and Disease Prevention in Older Adults

- ▶ Proper Tooth Brushing



Oral Health Promotion and Disease Prevention in Older Adults

▶ Toothbrush Modifications



Oral Health Promotion and Disease Prevention in Older Adults

▶ Cleaning in Between Teeth



Oral Health Promotion and Disease Prevention in Older Adults

- ▶ Mouthwash



Oral Health Promotion and Disease Prevention in Older Adults

- ▶ Sugar-free Candies or Cough Drops



Oral Health Promotion and Disease Prevention in Older Adults

► Denture Care



Oral Health Promotion and Disease Prevention in Older Adults

► Regular Dental Visits



Oral Health Promotion and Disease Prevention in Older Adults



Thank You!

